



Parent Programs & Giving

The Office of Parent Programs & Giving is here to serve as a parent resource to enhance your Belmont Journey



GREG PILLON, DEBBIE SPRANG, AND GABE DEGRAEVE



Parent Programs & Giving



For a gift of \$25 per t-shirt, you will get a high-quality shirt that shows off your Bruin Family Pride for you, your student, and other Belmont Family members.

We hope you wear this shirt when you arrive on campus in August. Be on the lookout for others wearing their Belmont Family shirts who are just as excited for their student's journey.



connect.belmont.edu/familyshirts



Parent Programs & Giving

We encourage you
to take advantage
of the many
opportunities we
offer our parent
community

BE INFORMED

Stay up to date on campus news and events by reading the Bruin Family Den, our communications platform designed solely for our Belmont parents.

BE ENGAGED

Attend on campus events to support our students. A full calendar of events is available in the “Resources Section” of the Bruin Family Den.

BE INVOLVED

Be a Parent Ambassador by sharing internship and job opportunities, hosting regional gatherings for our prospective and newly enrolled Bruins, and sharing advice and guidance to incoming parents.

BE INSPIRED

Join the Parent Leadership Circle (PLC) and become a vital partner in shaping Belmont students’ success through an annual gift of \$1,000 or more. Your gifts can be directed to your area of passion, unique needs of your student’s academic college or be directed to our Parents Fund supporting areas of greatest student need and opportunity.



connect.belmont.edu/familyshirts



Be Informed

Dedicated Parent Communication

Parent and Family Website

[Belmont.edu/Families](https://belmont.edu/Families)

Parent Programs Email

parents@belmont.edu



connect.belmont.edu/familyshirts



Be Informed

Dedicated Parent Communication

Bruin Family Den

**BELMONT UNIVERSITY**

Bruin Family Den





Get Your Belmont Family T-Shirt

The Belmont Family T-Shirt – an emerging tradition! For a gift of \$25 to the Parents Fund, you will receive one high-quality shirt highlighting your Bruin Family Pride.

GIVE NOW & PRE-ORDER YOUR SHIRTS



Share with your Student - It Must Be Wednesday

Posted about 1 hour ago.

From <https://www.belmont.edu/engagement/traditions.html>

Belmont comes alive every Wednesday during the school year with "It Must Be Wednesday." This student-centered event features an array of pop-up shops offering everything from trendy clothing and accessories to artisanal crafts. As a parent, you'll be delighted to know... [read full article](#)

University Events

JUN 02	Research Intensive Summer Experience in Data Science (RISE-DS) The world is filled with too much data to analyze. Yet, the work of Data Scientists is to comb through thousands and millions of data points to make sense of the information and predictions from it. You can learn the statistics behind these analyses and work on a real data science project during our RISE in Data Science summer program. Register here.
JUL 03	Research Intensive Summer Experience in Molecular and Cellular Biology (RISE-MCB) Students will be enrolled in a 3-hr introductory statistics class and will receive college credit in this class for their participation (equivalent to the AP Statistics Exam). As

My Family Groups

- Families of Current Students >
- Prospective Families >

My Communities

belmont.campusesp.com

Parent and Family Calendar

**BELMONT UNIVERSITY**



Belmont University 2025-2026
FAMILY RESOURCE CALENDAR

OFFICE OF PARENT PROGRAMS & GIVING



Be Engaged

Attend Campus and Regional Events



Parent & Family Weekend
September 26-27, 2025



connect.belmont.edu/familyshirts



Be Engaged

Attend Campus and Regional Events

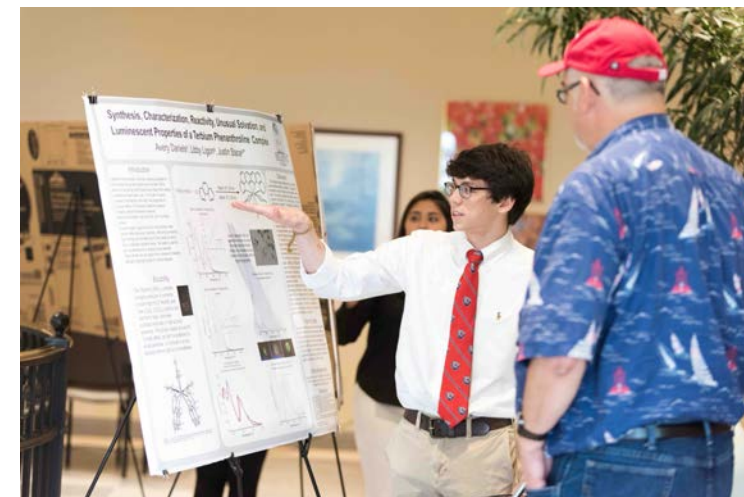
Send-Off Parties

- Fort Worth, TX – July 12th
- Dallas, TX – July 12th
- Houston, TX – July 13th
- Memphis, TN – July 12th
- Birmingham, AL – July 13th
- Denver, CO – July 16th
- Austin, TX - July 19th
- Chattanooga, TN – July 19th
- Atlanta, GA – July 20th
- Chicago, IL – July 27th
- Los Angeles, CA – July 26th
- Orange County, CA – July 27th
- Bay Area, CA – July 28th
- Tampa, FL – August 2nd
- Philadelphia, PA -
- Knoxville, TN – August 3rd
- St Louis, MO –
- Virtual Event - August 4th



Be Engaged

Attend Campus and Regional Events



*Join us for Athletic, Entertainment,
and Academic Opportunities*



connect.belmont.edu/familyshirts

TOWERING TRADITIONS



Be Involved

Take Part in Volunteer Opportunities



- Parent Ambassador
- Career Support
- Hosting



connect.belmont.edu/familyshirts



Be Inspired

Partner and Support in Meaningful Ways



Parent & Family Giving | Parent Leadership Circle (PLC)



connect.belmont.edu/familyshirts



Be Inspired

Partner and Support in Meaningful Ways



*Parent giving ensures that all students – including your own –
benefit from your generosity*



connect.belmont.edu/familyshirts



Parent Programs & Giving



Together, we aim to be a resource for families as they navigate their Belmont Experience



Helping Your Student Navigate Their Academic & Career Journey

Ginger Bossier, University Registrar

David Sneed, GPS Director

Mary Claire Dismukes, Director of Career & Professional Development





Tips to help your student navigate their academic and career journey





Tip #1: Academic Planning Prevents Academic Recovery

Guidance & Direction

- ✓ Affirm/Change major

Strategic Academic Planning

- ✓ Degree Completion Strategies
- ✓ Academic Self-Efficacy



Degree Mapping Worksheet



!! Be sure to share this and confirm these plans with your advisor!!

FIRST YEAR											
Fall 2025				Spring 2026				Summer 2026			
Course	Code	Section	Hours	Course	Code	Section	Hours	Course	Code	Section	Hours
Course 1			3	Course 1			3	CC course			3
Course 2			3	Course 2			3				
Course 3			1	Course 3			4				
Course 4			3	Course 4			3				
Course 5			3	Course 5			3				
Course 6			3								
AP/DE/Transfer			6								
Total Semester Hours			22	Total Semester Hours			16	Total Semester Hours			3
Running Total			22				38				41

SECOND YEAR											
Fall 2026				Spring 2027				Summer 2027			
Course	Code	Section	Hours	Course	Code	Section	Hours	Course	Code	Section	Hours
Course 1			3	Course 1			3	Maymester			9
Course 2			3	Course 2			3				
Course 3			1	Course 3			1				
Course 4			3	Course 4			3				
Course 5			2	Course 5			3				
Total Semester Hours			12	Total Semester Hours			13	Total Semester Hours			9
Running Total			53				66				75



Tip #2: Help students take one step forward on their career journey

Encourage your student to actively engage in career planning & building career readiness skills.

Career Plan

Discover Your Purpose and Achieve Your Career Goals

Explore



- Discover Handshake
- Build your career readiness skills through WELL Core
- Gain experience through strategic part-time employment
- Take FOCUS career readiness assessment
- Check out What Can I Do with this Major?

Prepare



- Upload your resume to Handshake for review
- Learn how to tailor your resume & practice your interviewing skills
- Have career conversations
- Complete internship prerequisites
- Apply for an internship and consult your internship coordinator for course credit
- Study abroad, or away, participate in service-learning, missions, or volunteer work
- Review your academic plan and your career plan

Connect



- Intern and gain relevant experience
- Practice marketing yourself
- Attend Work WELL programs
- Network and contact your Career Development Specialist if you need help – that's what we're here for!
- Seek industry advice/mentorship and begin researching organizations
- Reflect on your experiences and plan your next steps

Flourish



- Solidify your where you want to begin your career
- Grow and maintain industry relationships
- Get involved in professional organizations and off-campus activities
- Apply for positions of interest
- Negotiate for what you need and accept the job offer
- Consider options for continuing education
- Engage with Belmont and your community



@BUCareerDevelop | 615.460.6490 | belmont.edu/careerdevelopment





A Career Plan for *Every* Student



Profile



Dashboard



Notifications



Activities



Approvals



Achievements



Leaderboard



Explore



Resources

BELMONT UNIVERSITY,
HEALTH AND WELLNESS



MARY DISMUKES ▾
Admin



WELL Core

[Go back](#)

Explore

Prepare

Career Plan

Flourish

Connect

My Career Plan

My Career Plan will equip you to develop your strategy for discovering your purpose and achieving your career goals. Everyone's journey is different, but every job requires a combination of education, practical experience, and relationships. Jump in anywhere to get started. Connect with your Career Development Specialist through Handshake for help customizing your plans. Complete the tasks and events in the experience sets of Explore, Prepare, Connect, and Flourish to earn your My Career Plan achievement.

Student List

Test Student

Requirements



1. Explore | Begin Your Journey

Level 1

MP

Added by



10 pts

Office of Career & Professional Development



2. Prepare | Rehearsing and Taking Your First Steps



Tip #2: Help students take one step forward on their career journey

Ask your student:

- What skills do you want to develop?**
- Have you logged into Handshake?**
- Have you talked to your advisor about pre-requisite internship courses?**



TIP #3:

Communication

***TRANSFER*mation**

How do we communicate with you and your student?



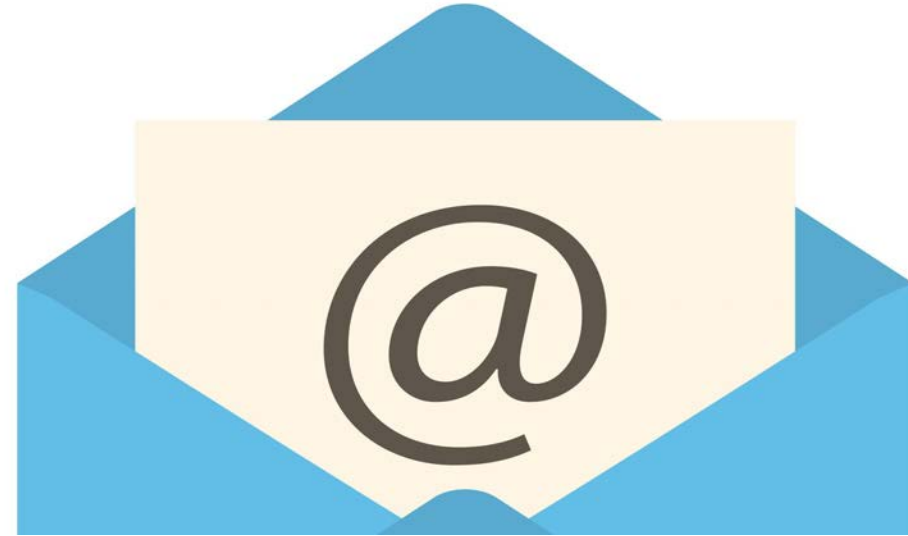
FAMILY EDUCATION RIGHTS & PRIVACY ACT (FERPA)

**College students, regardless of age,
are the “legal entity” of their record.**

As the legal authority, students are the primary source of information (i.e. grades, GPA, class attendance, eligibility for graduation).



Belmont Email



- University's **primary and official source of the communication** with students. (@bruins.belmont.edu)
- Student should **check email EVERY DAY.**



Degreeworks

How will I know my student's academic performance and progress?

Tool: Degreeworks

Parental Guidance-

Discuss ways to effectively communicate.
Allow student to take ownership of academic experiences and talk to their academic advisor.



Degreeeworks

Degree Audit Tracking Academic Progress

BELL Core: Foundation Courses COMPLETE

Credits Required: 22 Credits Earned plus Attempted : 22 Catalog Year: BELL Core Transition 2018-2019 GPA: 3.609

Students are required to do one course in each of the following Foundations Courses categories. Foundation courses CANNOT also count toward the Degree Cognates, the Major or Minor requirements.

	Course	Title	Grade	Credits	Term	Repeated
✓ ORAL COMMUNICATIONS						
✓ Fundamentals of Speech	COM 1100	Fund of Speech Communication	A-	3	Spring 2019	
✓ SOCIAL SCIENCE	SOC 1010	Introduction to Sociology	TB-	3	Spring 2018	
	Satisfied by:	SOC201 - PRIN OF SOCIOLOGY - SCHOOLCRAFT COLLEGE				
✓ HUMANITIES	ENW 2510	The Art of the Essay	A	3	Fall 2018	
✓ FINE ARTS	MUH 1200	Intro to Music: History	A	3	Spring 2018	
✓ MATHEMATICS						
✓ Quantitative Literacy and Reasoning	MTH 1010	Quant Literacy & Reasoning	A-	3	Spring 2019	



Tip #4: Registrar Resources

Academic Calendar

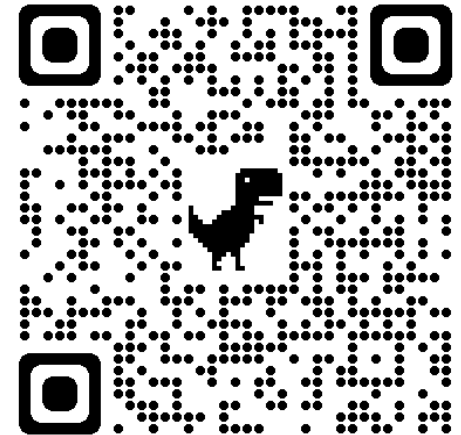
www.belmont.edu/acalendar

Important Dates and Deadlines

Drop/Add dates

Withdraw dates

Holiday Breaks





Tip #4: Registrar Resources

- Most programs & degrees require 128 earned credit hours.
- Consider reasonable or practical course load for your student
- Belmont Study Abroad/Away- Maymester and Summer terms

Transfer Credits: Refer to Belmont Catalog for Policy

- AP, IB, Dual Enrollment
- CLEP
- Concurrent Enrollment/transfer credits



Tip #4: Registrar Resources

How will my student know if transfer courses apply toward the degree plan of study?

Parental Guidance-

Remind student to check Degreeworks (degree audit).



Here to help your student succeed!



TOWERING TRADITIONS



STUDENT WELL-BEING AT BELMONT



Student Formation Through Wellness









SOCIAL

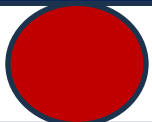






TAKEAWAYS

**EAT
SLEEP
MOVE
CONNECT**



TAKEAWAYS

EAT

SLEEP

MOVE

CONNECT

**YOU ARE
NOT ALONE
IN THIS
JOURNEY**



TAKEAWAYS

EAT
SLEEP
MOVE
CONNECT

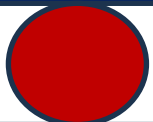
YOU ARE
NOT ALONE
IN THIS
JOURNEY

**CARE FOR
ONE
ANOTHER**



GET READY FOR THE FALL

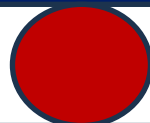
**REPLICATE
CARE**



GET READY FOR THE FALL

REPLICATE
CARE

**EXPLORE
WELL-BEING
RESOURCES**



GET READY FOR THE FALL

REPLICATE
CARE

EXPLORE
WELL-BEING
RESOURCES

**MAKE A
PLAN**





**WELCOME TO
BELMONT**



Leadership & Engagement

Summer 2025 Orientation



You may be asking...

How will my student make friends?

What will my student do out of class?

How will my student grow as a leader?





Leadership & Engagement

- **Belmont Office of Leadership Development**
- **Student Activities Programming Board**
- **Student Government Association**
- **Fraternity & Sorority Life**
- **Student Organizations**



Leadership & Engagement

SHOW UP - LINK UP - STEP UP

Choose Connection!





SHOW UP

TOWERING TRADITIONS



Opportunities like...

- **BOLD Bruin Lead**
- **It Must Be Wednesday**
- **Welcome Back Breakfast**
- **Homecoming**





LINK UP

TOWERING TRADITIONS



Opportunities like...

- **Joining one of 250+ organizations**
 - 11 fraternities/sororities
 - 21 cultural/identity-based orgs
 - 14 service/philanthropy orgs
 - 34 music/entertainment orgs
 - 14 recreational/club sports





STEP UP

TOWERING TRADITIONS



Opportunities like...

- Applying to be an RA
- Serving as a Student Org leader
- Serving as a BOLD Team leader
- Applying for Bruin Recruiters
- Applying to be a TT leader
- Conducting Research
- Applying for an on-campus job





Where do they start?

BruinLink

The central location for all campus events, student organizations, and engagement.

[MYBELMONT HOME](#)[ACADEMIC RESOURCES >](#)[CAMPUS LIFE >](#)[CAMPUS SERVICES >](#)[HUMAN RESOURCES >](#)[BU COMMUNITIES](#)[FACULTY DASHBOARD >](#)[CAMPUS WIDE FORMS >](#)[PERSONAL RECORDS >](#)[FINANCIAL INFORMAT... >](#)[FAQ AND TROUBLESHO...](#)[LaunchPad](#)[Common Links](#)[Security and Safety](#)[Financial Information](#)[Health Services](#)[Registration](#)[WELL-Core](#)[Outlook](#)[Banner Web](#)[Canvas](#)[Classfinder](#)[BruinLink](#)[My Course Schedule](#)[Get Connected](#)[Handshake](#)[HelioCampus \(AEFIS\)](#)[Housing](#)[Housing Fall 2025 Only](#)[LinkedIn Learning](#)[Make Payment](#)[Suitable](#)

Study Abroad Applications
Maymester & Summer 2025

[Summer Dining Hours](#)[Contribute to Belmont's Wall Street Journal Ranking](#)

Student Account **Make Payment**
View Account | Refunds
Manage Authorized User



Tuition Smarter.
Monthly payments
that fit your life. **Learn more**





Leadership & Engagement

We're here to help your student **Choose Connection** and make the most of their time at Belmont!

They get to write their own story about how they **Show Up, Link Up, and Step Up.**

CHOOSE CONNECTION WITH +200 STUDENT ORGS & OFFICES

BRUINLINK FAIR

SOCIAL
WELL CORE



8/28

MAIN LAWN

4-5:30PM



Connect With Us

BOLD@belmont.edu

StudentEngagement@belmont.edu



@Belmont.Today

@BelmontSGA

@BelmontSAPB





Office of Campus Security

Mark Labbé
Chief of Campus Security



“Call early, call often”

Campus Security Emergency number:

615-460-6911

Campus Security Non-emergency number:

615-460-6617



Service



TOWERING TRADITIONS



Engagement and Programming





Best Security Tips We Give to Students

- ✓ Walk in groups of three or more
- ✓ Use escort service
- ✓ Use well-lit and well-traveled routes
- ✓ Park in assigned areas
- ✓ Have security numbers in your phone
- ✓ Sign up for Belmont Alerts & BU Safe App



Belmont Alerts

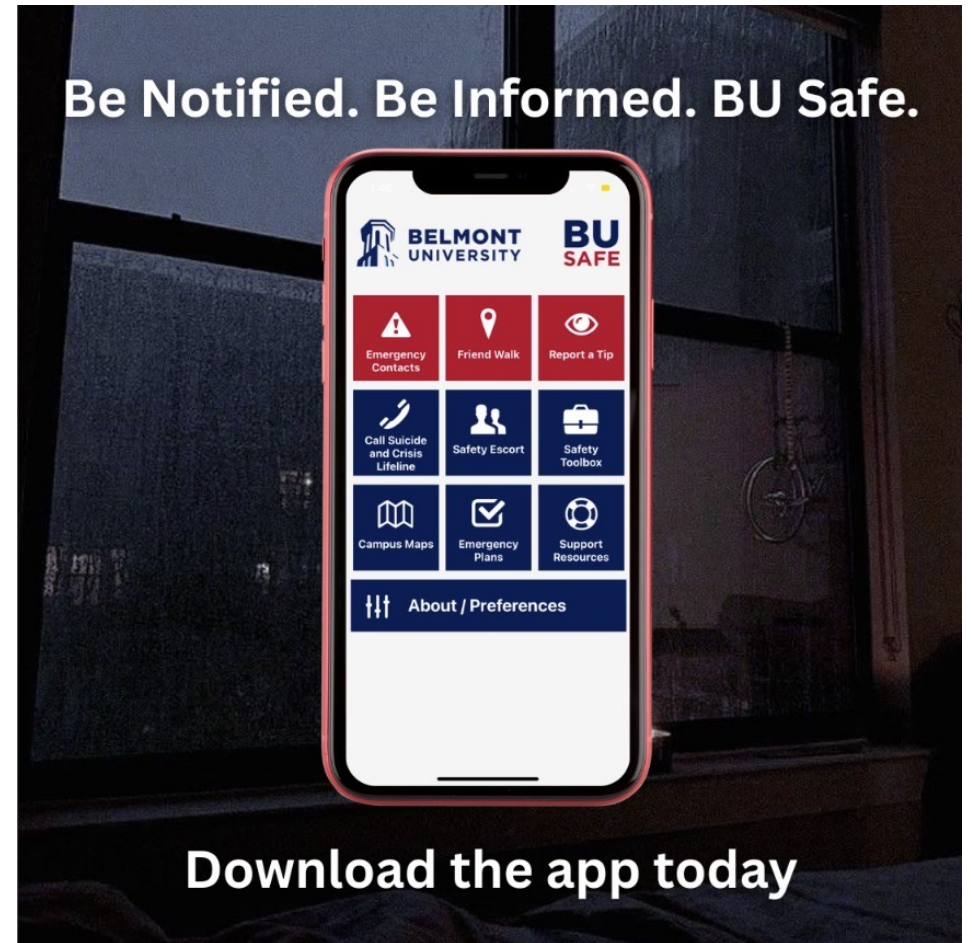


- Student email is automatically enrolled
- Can enroll up to 3 cell phone numbers for text alerts – through student's my.belmont account
- Recommend local news apps for alerts/news for the local Nashville area



BU Safe

- Real-time safety alerts
- Emergency contact buttons
- Emergency plans
- In-app reporting system





Download & Allow Notifications!

APPLE



Apple

GOOGLE



Google



Important Numbers:

Campus Security Emergency number:

615-460-6911

Campus Security Non-emergency number:

615-460-6617



THE PARENT TRANSITION

Dave Jaeger: Belmont Counseling Services Therapist





3 PARENTING THOUGHTS:

How to best support your young adult.



Foundation Setting:

Transition is a shift in relationship.





FAMILIAR ROLES

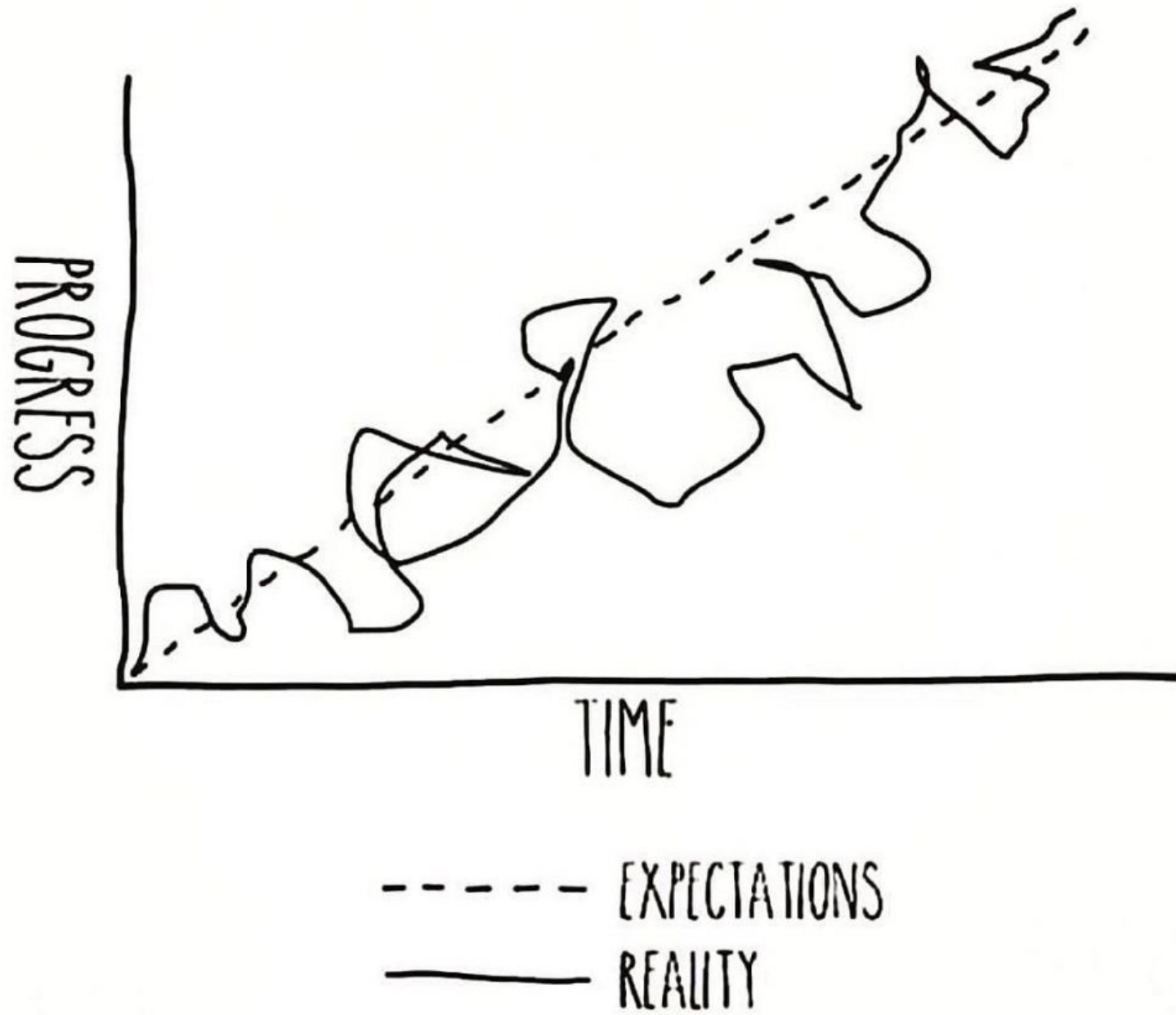
- Banker
- Manager
- Chauffeur
- Fixer



THOUGHT #1: It's not always up and to the right.

“Success is not final; failure is not fatal:
it is the courage to continue that counts.”

-Winston Churchill



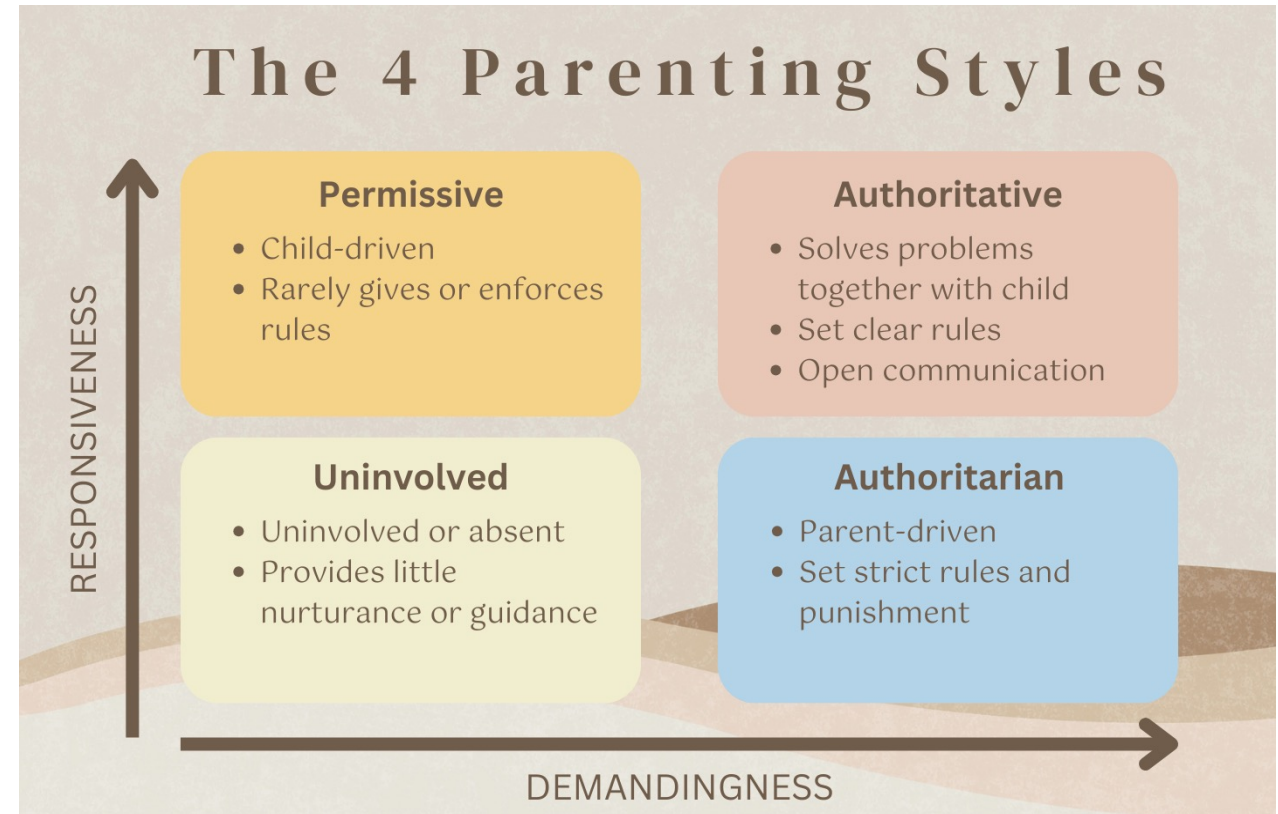


Important Authoritative/Learned Optimism Statement Examples

"This is hard, don't feel bad if you can't do it...yet"

"That didn't work, let's talk through how you approached that and what might serve you better"

"I have high standards. I'm holding you to them because I know we can reach them together"





THOUGHT #2:

What's Your End Game?



Easy
(Now)

-

Hard
(Later)

Vs

Hard
(Now)

-

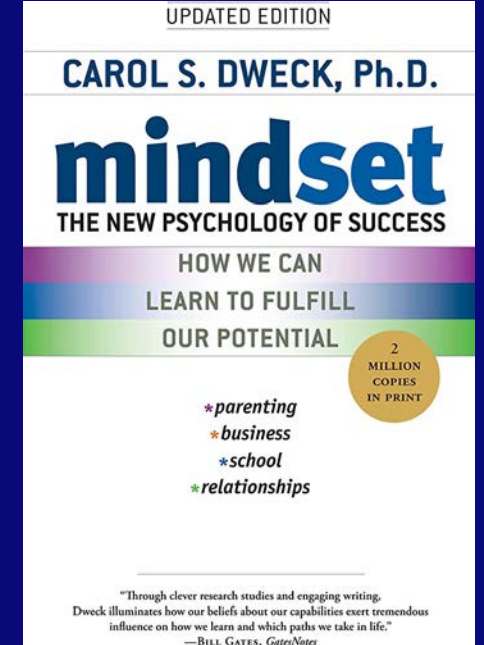
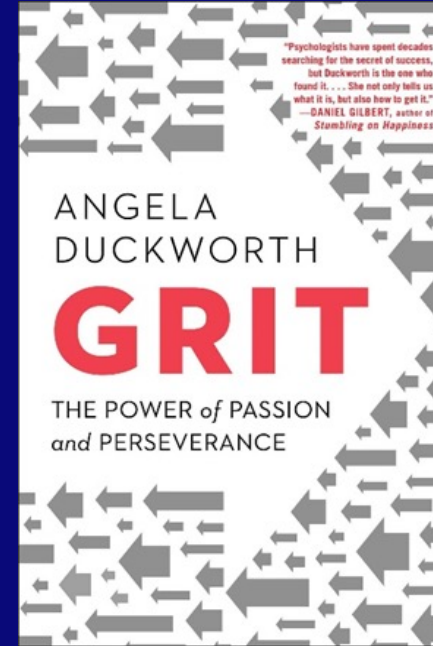
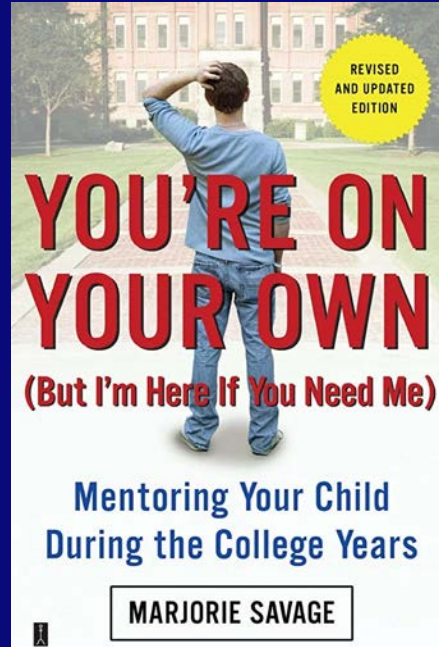
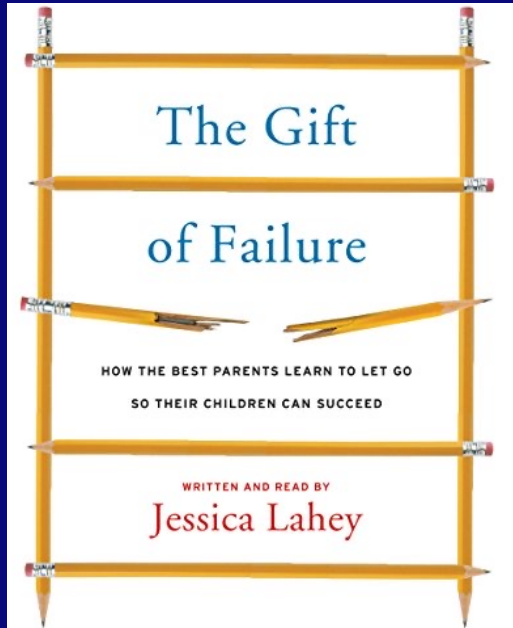
Easy
(Later)



THOUGHT #3:
Enjoy it!



RESOURCES



NAMI and Jed:



Jed: Going to
Campus Mindfully



2025 . AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Welcome Week

**First Day
of Classes**

1

BRUIN FAMILY CONNECTION RECEPTION

BEAMAN STUDENT LIFE CENTER | 3:45 PM

University Ministries

Career and Professional Development

Campus Security

Student Wellbeing

Residence Life

Student Financial Services

The HUB

Study Abroad

Belmont USA

GPS Office